

### Side effects of the vaccine

All vaccines can cause side effects. The coronavirus vaccine is no exception. After receiving the vaccine, your body works to build up a resistance to the virus. Building resistance means the body will develop mild symptoms similar to the novel coronavirus disease. These are called side effects.

### What are the side effects?

Side effects can be headache, fatigue, fever, sore muscle and pain in the joints. Some people will also have a little pain in the area of the injection. The side effects usually only last 1–2 days.

### Who will experience side effects?

About half of everyone who receives the vaccine will experience one or more side effects of varying degrees, but most will only feel very mild symptoms. If you experience severe symptoms, please contact your family doctor or the accident and emergency unit.



More information about vaccinations in Fredrikstad can be found here:

[www.fredrikstad.kommune.no/vaksine](http://www.fredrikstad.kommune.no/vaksine)

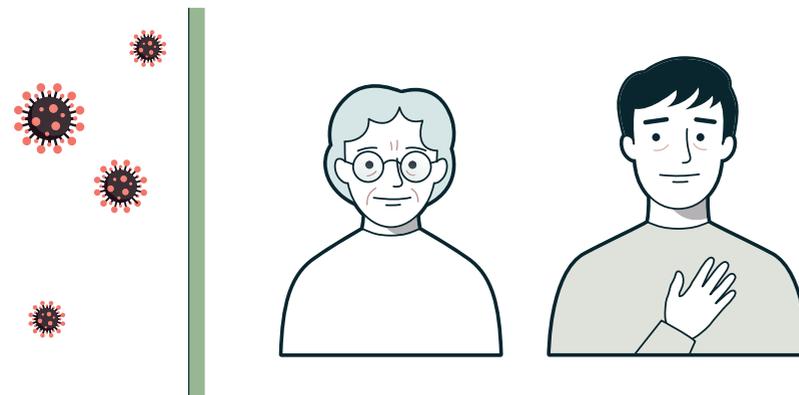
Call the Vaccination Hotline at **69 38 11 08** (press 3) if you have any questions or need help.



FREDRIKSTAD KOMMUNE

# COVID-19 VACCINE, easy as 1-2-3

The more people who are vaccinated,  
the quicker we can reopen society



Join the waiting list for your vaccination in Fredrikstad online:  
[www.fredrikstad.kommune.no/vaksine](http://www.fredrikstad.kommune.no/vaksine).

You need BankID as a means of identification.  
You will be contacted when your turn comes.

Call the Vaccination Hotline at **69 38 11 08** (press 3) if you have any questions or need help.

More information about vaccinations in Fredrikstad can be found here:

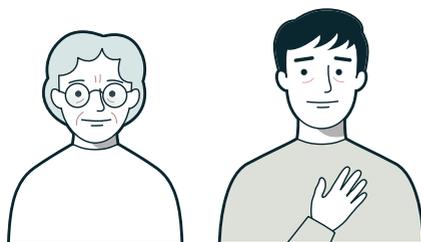
[www.fredrikstad.kommune.no/vaksine](http://www.fredrikstad.kommune.no/vaksine)



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# Quick guide to the coronavirus vaccine

Brief information from the Norwegian Institute of Public Health about the vaccine against COVID-19 (coronavirus)

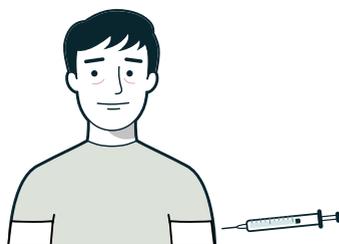


## About coronavirus vaccination \*

The vaccine will be offered to everyone who is recommended to take it.

It is free.

The vaccine protects against COVID-19.

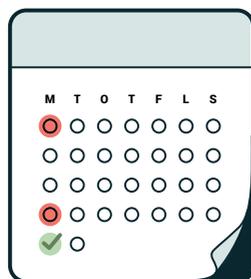


## How do you get vaccinated?

The vaccine is given as an injection in the arm.

Some of the vaccines are given as two doses several weeks apart.

Inform if you are pregnant, have allergies, use medicines, are sick, or have had COVID-19.



## How well does the vaccine work?

Most people are protected against COVID-19 within 1-2 weeks after they are fully vaccinated.

Follow the infection control advice even though you are vaccinated.

\*The vaccine does not contain components of pork or other nutritional content.

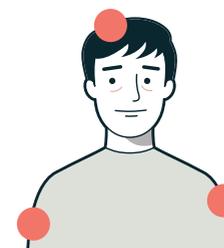


## How does the vaccine work?

The vaccine teaches the body to recognise and defend itself against coronavirus.

The vaccine is quickly flushed out from the body.

However, the body remembers how to defend itself against the virus.



## Side effects

The vaccine has been tested in large studies with thousands of people. Common side effects are:

- Pain at the injection site
- Tiredness
- Headache
- Body aches
- Fever or chills

These side effects are uncomfortable, but go away after a few days.



## Uncommon side effects

Contact a doctor or other health professional if you have unexpected, severe, or long-lasting symptoms after the vaccine.

If you would like more information about the coronavirus vaccine, see the Norwegian Institute of Public Health's website: <https://www.fhi.no/en/id/vaccines/coronavirus-immunisation-programme/>