

COVID-19 Regulations for the Municipality of Fredrikstad, Viken

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Legal authority: Established by the city council municipal executive board for the Municipality of Fredrikstad on 17 December 2020 under the provisions Section 4-1 of the Communicable Diseases Control Act of 05 August 1994 no. 55, pursuant to the delegated authority by the city council; see case 160/20.

Section 1 Purpose and Area of application

These regulations aim to establish infection prevention and control routines to hinder the spread of the novel coronavirus (SARS-CoV-2) by reducing the number of close contacts within the population, and in this way prevent illness and ensure sufficient capacity within the health and care services.

These regulations apply to the Municipality of Fredrikstad.

Section 2. Face masks

When it is not possible to maintain a distance of more than one (1) meter from others (not including the members of your household and not including the brief passing of other people), face masks shall be used in public places including stores, shopping centers, food and beverage outlets, religious buildings and houses of faith and premises for culture, sports and leisure activities.

A traveller on public transport shall use a face mask when it is not possible to maintain a minimum distance of one (1) meter from fellow passengers. This also applies to indoor station areas.

Passengers shall use a face mask in taxis. The face mask must be put on before the passenger enters the taxi and should not be taken off until the journey has ended and the passenger has exited the taxi. The mandatory use of face masks also applies to the driver when there are passengers in the taxi.

The mandatory use of face masks does not apply to children of primary school age or persons who for medical or other reasons cannot use a face mask.

The mandatory use of face masks also applies to employees in places where it is not possible to maintain a distance of one meter from visitors/customers; see the first

sentence above. This does not apply to employees in places where other infection control measures have been implemented for employees – such as the use of visors, partition walls etc. in accordance with the recommendations of the Norwegian Institute of Public Health.

Hairdressers and similar trades, which are covered in Section 15 of the national COVID-19 Regulations, will follow the national requirements.

Section 3. *Public events, outdoors and indoors*

The definition of an event as described in sections 13 of the COVID-19 Regulations of 27 March 2020 #470 shall apply.

Outdoor events with more than 200 persons present at the same time are not permitted.

For public indoor events, the national restrictions on number of persons shall apply.

While singing and similar actions, participants must maintain a distance of two (2) meters between themselves and persons who do not live in their household.

The organizer shall ensure that everyone present at such events can maintain a distance of one (1) meter to others (except members of the same household or school/kindergarten cohorts), measured from shoulder to shoulder. This also applies to entering and exiting events, and during breaks.

You may attend an event at which you are seated in a fixed seat with at least one empty seat between you and the next spectator in the same row; you must remain in your seat upon arrival at the event. Persons from the same household can sit next to each other upon arrival. In any case, at least half of all the fixed seats at an event must be empty and one must maintain the safe distance of one (1) meter in all direction to others persons (except those from the same household).

Section 4. *Private events and social gatherings*

The number of guests permitted at private social gatherings inside houses, gardens or summer cabins, and at private events on public premises and in rented premises shall be five (5) or less, in addition to the members of one's own household.

An exception can be made for up to two calendar dates during the regulatory period, where up to ten (10) guests can attend, in addition to the members of one's household.

Each inhabitant should limit the number of gatherings at which one participates to two (2) per week, either as a guest or host.

Participants must comply with the one (1) meter rule between everyone who does not live in the same household.

The national exception for established cohorts/groups at kindergartens and primary school shall apply, so children who belong to the same cohort can also gather during their leisure time. Children who live in more than one household are considered part of both households. Young people and students who live in student housing rooms or

bedsits, but who are officially registered as living at home, can also be considered part of the family household.

Private organizers/hosts shall:

- a. Arrange gatherings so the infection control routines can be complied with.
- b. Maintain an overview of the names and telephone numbers of everyone present at the date and time of the gathering to assist in future contact tracing.

Section 5. *Leisure activities, recreational sports and training*

Adults and young people who have completed lower secondary school shall not participate in organized leisure activities or organized recreational sports.

This prohibition does not apply to outdoor activities for young people up to 20 years of age.

The prohibition does not apply to individual training/activities where a distance of two (2) meters can be maintained between participants (who are not part of the same household) measured from shoulder to shoulder, to avoid close contact.

Sports halls and premises for similar activities can remain open for individual training. One must make sure that the people on the premises can maintain the two-meter rule. Group training with three or more participants is not permitted. The permitted number of guests on the premises is based on the size of the premises. Staff members on the premises must enforce compliance.

Section 6. *Restricting the number of persons in stores and at shopping centers*

Stores, shopping centers and other sales outlets must make sure that the people on the premises can maintain a distance of one meter from each other. The permitted number of guests on the premises is based on the size of the premises. The store etc must post the number of permitted customers at the entry to the premises. A staff member or security guard shall be posted at the entry to enforce compliance.

Section 7. *Food and beverage outlets*

Food and beverage outlets in the Municipality of Fredrikstad can stay open if they meet the requirements for proper operation of food outlets as stated in the Norwegian COVID-19 Regulations of 27 March 2020 #470. The food or beverage outlet can host private gatherings of up to 20 persons, based on the current national regulations.

Food and beverage outlets in the Municipality of Fredrikstad that can remain open pursuant to the national COVID-19 Regulations are prohibited from serving alcohol after 22:00.

The municipality may close food or beverage outlets that do not comply with the requirements for infection control and protection concerning proper operation and other requirements set in the regulations; cf. Section 4-1(3) and 5(2) of the Communicable Diseases Control Act.

Section 8. *Quarantine and contact tracing*

Inhabitants and visitors to Fredrikstad shall comply with applicable rules for quarantine and assist in contact tracing.

Section 9. *Liability*

The Municipality of Fredrikstad does not assume financial responsibility for the imposed measures.

Section 10. *Entry into force and duration*

These Regulations enter into force on 18 December 2020 at 00:00 and shall be in force until 7 January 2021.